

# Wellness Zone Team

## Questions?

Check out the volunteering section of the event website:

[christmaslunchinthepark.com.au/volunteer](http://christmaslunchinthepark.com.au/volunteer)

Or send us an email:

[christmaslunch@missionaustralia.com.au](mailto:christmaslunch@missionaustralia.com.au)

## Your brief

You're a people person, who loves getting amongst it and enjoys life's activity. You'll assist guests in the 'Wellness Zone' for a shower, a haircut or donated clothing selection. There's nothing like getting spruced up for the occasion and that all-rejuvenating feeling of a fresh shower, new threads and a sleek hair-do!

### Arriving onsite

Please arrive onsite at your allocated time and register yourself at the Volunteer Registration point. Here you will collect your lanyard, water bottle and any PPE before reporting to your Wellness Zone Supervisor for further briefing.

### Event timings

Please refer to the event schedule.



High level of activity



High level of interaction



Outdoors

## In the Wellness Zone, your contribution is

- Support our guests' enjoyment of Christmas Lunch in the Park, through your warm, friendly attitude and your active, can-do approach. **And, of course, to have fun!**
- Cheerfully greet guests as they arrive to the Wellness Zone and advise them of what's available;
  - Hair cuts (Short Back & Side Walks Team will take care of them)
  - Warm Showers (One Voice or Orange Sky Team will take care of them)
  - Fresh clean clothing (Direct them to the racks and tibs of available items)
  - Chill out area (For anyone needing a break or feeling a little overwhelmed)
  - Access to trained staff and a confidential chat (Mission Australia & Wungening Aboriginal Corporation staff)
- Direct guests to chat with the other staff at the Wellness Zone, for access to services or a trained person to talk to, if they would like to.
- Regularly actively communicate to Table and Picnic Hosts so they are aware of all services and can remind guests.
- All guests are welcome to a shower and haircut, including kids. Parents will need to accompany their children.
- Hair cuts and showers will be available strictly between 10am and 2:00pm only, so time is limited.
- Make sure you eat lunch and stay hydrated! Just check with your Floor Supervisor before collecting your lunch from the F&B Supervisor.
- Carry out any other tasks as requested by your Supervisor
- Help maintain your zone, ensuring tables are continually cleared and rubbish is disposed. Refrain from packing up at the end as we have a team especially for this.
- **Remember social distancing requirements at all times, as required**
- **Report all incidents, issues or concerns to your Floor Supervisor, no matter how small it may seem.**